

3-DAY BIBLICAL DECLUTTER: CHAOS TO CALLING



Faith-Fueled Hacks for Busy Christian Moms
Let all things be done decently and in order. —1 Cor 14:40

By Rhina



Day 1: Kitchen Peace (Prov 31:27)

A peaceful kitchen is the heart of a home, much like the diligent woman described in Proverbs 31:27, who "looks well to the ways of her household." Chaos stops today in one small drawer.

Hack: "Bag It, Pray It, Ditch It"

This simple mantra uses faith and action to achieve clarity.

Your Action Steps:

- Inventory 1 Drawer: Pick one kitchen drawer (the junk drawer, the utensil drawer, etc.). Empty it completely onto the counter.
- Pray Over "Keepers": As you sort items, hold the things you decide to keep. Pray over them, thanking God for their utility and purpose in serving your family.
- Trash 10 Items: Commit right now to finding and discarding at least 10 items (broken gadgets, expired spices, random menus, etc.) that do not serve your household.
- Organize and Add Check: Use a Canva checklist graphic next to this section to mark off your progress!



Day 2: Mindset Reset (Phil 4:8)

Decluttering isn't just physical; it's emotional and spiritual. Paul reminds us in Philippians 4:8 to focus our minds on what is true, noble, and pure. Today we clear the mental clutter that steals our peace.

Emotional Clutter & Scripture Meditation

We often fill our homes because we are filling a void in our hearts.

Your Action Steps:

- "What specific anxieties, fears, or distractions steal my calling and my peace the most right now?"

- Scripture Meditation: Once you identify the "clutter," replace it with truth. Read and meditate on Philippians 4:8. Post this verse somewhere you'll see it all day (the fridge, the bathroom mirror).

- Affirmation: Replace the lie with the truth: "My mind is clear, focused on Christ, and ready to embrace peace."

Ecclesiastes 3:6: "There is a time for everything, and a time for every purpose under the heaven: a time to keep, and a time to cast away"

Day 3: "Action Legacy

Day 3: Action Legacy (Eph 2:10)

Your organized home isn't just about tidiness; it's about creating space for good works and a lasting legacy of purpose, just as Ephesians 2:10 describes our calling. Today, we turn our intention into action using a practical, modern tool.

The "One Room Win" & Trello Hack!!!!

I'm introducing Trello—a free, simple, visual project management tool—to organize your family's tasks for the chosen room. It's perfect for delegating and keeping everyone on the same page.

Your Action Steps:

1. Set Up Your Board: Go to Trello.com (or download the app) and create a new board named "Our Family Legacy."
2. Create 3 Lists: Set up these core organization lists:
 - To Do: All the tasks that need to be tackled in your "One Room Win."
 - Doing: The specific task someone is currently working on.
 - Done: The best list! Move tasks here and celebrate your progress.
3. Your Day 3 Challenge: Gather the family! Choose three specific items that need sorting or cleaning in your target room. Write each item on a Trello "card" and place it in the To Do list. Assign a card to a family member (even yourself!).

Ready for More?

This simple board setup is just the beginning. The complete workflow, including task automation, communication strategies, and the full biblical framework for managing a busy Christian household, is waiting for you in the Blueprint Course.

Upgrade to the Blueprint Course & Unlock Your Calling.

Your Journey from Chaos to Calling Starts Here

You've taken the first steps toward a peaceful home and a clearer purpose. Don't stop now!

Connect and Stay Inspired

Being at the beginning of this journey can feel isolating, but you're not alone.

Let's connect and support each other as we grow together. Join the early stages of this community—more details to come soon!

Future Connections:

Look out for future ways to connect and engage as this community develops.

Your Next Steps:

Continue implementing the strategies in this guide and celebrate your progress!

 Email Me:

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 Schedule a Clarity Session:

Book a free 15-minute consultation to discuss your specific organizing challenges and see if the Blueprint Course is right for you.

Book On Calendly